NO MAN IS STRONGER THAN HIS STOMACH.

No MAN IS STRONGER THAN HIS STOMACH.

Let the greatest athlete have dyspepsia and his muscles would soon fall. Physical strength is derived from food. If a man has insufficient food he logs strength. If he has no food he dies, Food is converted into nutrition through the stomach and bowels. It depends on the strength of the stomach to what extent food eaten is digested and assimilated. People can die of starvation who have abundant food to eat, when the stomach and its associate organs of digestion and nutrition do not perform their duty. Thus the stomach is really the vital organ of the body. If the stomach is "weak" the body will be weak also, because it is upon the stomach the body relies for its strength. And as the body, considered as a whole, is made up of its several members and organs, so the weakness of the body as a consequence of "weak" stomach will be distributed among the organs which compose the body. If the body is weak because it is ill-nourished that physical weakness will be found in all the organs—heart, liver, kidneys, etc. The liver will be torpid and inactive, giving rise to biliousness, loss of appetita, weak nerves, feeble or irregular action of heart, palpitation, dizziness, headache, backache and kindred disturbances and weaknesses.

Mr. Louis Pare, of Quebec, writes: "For

backache and kindred disturbances and weaknesses.

Mr. Louis Pare, of Quebec, writes: "For years after my health began to fall, my head grew dizay, eyes pained me, and my stomach was sore all the time, while everything I would eat would seem to lie heavy hile lead on my stomach. The doctors claimed that it was sympathetic trouble due to dyspopsia, and prescribed for me, and although I took their powders regularly yet! felt no better. My wife advised me to try Dr. Pierce's Golden Medical Discovery—and stop taking the doctor's medicinal. She bought me a bottle and we soon found that I began to improve so! kept up the treatment. I took on feed, my stemach became normal, the discessive organs worked perfectly and I soon began to look like a different person. I can never cease to be grateful for what your medicine has done for me and I certaiply give it highest praise.

Don't be wheedled by a penny-grabbing dealer into taking inferior substitutes for Dr. Pierce's medicines, recommended to be "just as good."

To gain knowledge of your own body—

Dr. Pierce's medicines, recommended be "just as good."

To gain knowledge of your own body—
in sickness and health—send for the People's Common Sense Medical Adviser. A
book of 1008 pages. Send 21 one-cent
stamps for paper-covered, or 31 stamps
for cloth-bound copy. Address Dr. R. V.
Pierce, 663 Main Street, Buffalo, N. Y.

A Positive CATARRI CURE

Elv's Cream Balm is quickly absorbed. Gives Relief at Once.

HAYFEVER DESCRIPTION OF THE PARTIES It cleanses, soother heals and protects the diseased memtarrh and drives away a Cold in the Head quickly. Restores the Senses of Taste and Smell. Full size 50 ets. of P. gists or by mail.

rists or by mail; Trial Size 10 ets. by mail Ely Brothers, 56 Warren Street, New York

EDUCATIONAL.

Arlington Institute, A SCHOOL FOR GIRLS.

The 40th year will commence September 20, 1906. Primary to college-preparatory, Little girls just out of kindergarten will be received in the Primary Class and very carefully taught.

Catalogues at Leadheater's drugstors and

Washington street.
Miss A. M. CHANDLEE, Principal.

ST. MARY'S ACADEMY.

Roarding and day school for girls. English and Music Courses thorough and modern. Commercial Department to fit for office work a specialty. Boys under twelve years admitted to Day School. New and up-to-date building. Terms very moderate. Call or address.

SISTERS OF THE HOLY CROSS.

SPENCERIAN BUSINESS COLLEGE, 403 Ninth Street, N. W.,

Washington, D. C.

Has been, is now, and will, under the new ownership and management, continue to be "Washington's Greatest Office-Training In stitution for Stenographers, Bookkeepers, Office Assistants, Civil Service Candidates, and Useful Life." Real merit, elegant appointments, satisfactory results, honorable dealings, promises fulfilled, and the proprietors, assisted by specialists, are some of the distinctive features that have made and shall maintain the Spencerian as the leading college of its kind. Do not spend time and money at an inferior school, but come to the Spencerian. The College is open daily for students and callers from 8 a. m. to 9 p. m. The demands for Spencerian graduates in Shorthand and Bookkeeping are unlimited. Send for free ping are unlimited. Send for free booklets and special information. sep3 1m



EPISCOPAL HIGH SCHOOL.

NEAR ALEXANDRIA, VA: Opens Sept. 26, 1906. For Boys.

Catalogue on application. iv11 eo&twtoc1

Harter Frank of the frank of the frank of DONT MERELY

ASK for flour Ask for

BEN-HUR FLOUR.

your biscuits and bread will be perfect.

F. S. HARPER, Distributor Good of wheel wheel wheel wheel wheel wheel wheel

TAY AT TAYLOR QUALITY

Our Ice Cream Soda

Doesn't "just happen" to be so good.

We make our own ice cream with pure ingredients only, special formula, special process and use only filtered water

That's why ! Taylor's Pharmacy 616 KING STREET.

CAMPBELL'S SOUPS.—5 cases Tomato Chicken, Vegetable, Clam Chowder, and other varieties of soups just received by J. C. MILBURN,

Alexandria Gazette.

GAZETTE BUILDING, 310 & 312 PRINCE STREET.

TERMS: Daily—I year, \$5:00; 6 months, \$2:50; 3 months, \$1:25; 1 month, 43 cents; 1 week, 10 cents.

Tri-week]y—I year, \$3:00; 6 months, \$1.50 3 months, 75 cents; 1 month, 25 cents.

Contract advertisers will not be allowed to exceed their space unless the excess is paid for at transient rates, and under no circumstances will they be allowed to advertise other than their legitimate business in the space contracted for.

Marriage and death notices must be paid for in advance.

Resolutions in memoriam, of thanks, tributes of respect, resolutions adopted by societies or persons, unless of public concern, will ally be printed in the paper as advertisements.

[Entered at the Postoffice of Alexandria, Vir.

ments.
[Entered at the Postoffice of Alexandria, Virginia, as second-class matter.]

ECHOES OF THE STORM. According to reports which have been

received at the Navy Department, the storm at Pensacola was much worse than had been thought. One thing illustrates had been industrial the severity of the storm. The gunbost Machias, lying in what is known as the "drydock basin," where 30 or 40 years ago a drydock was moored, was picked np by the great rush of water, carried across the entire navy yard, passed over the surrounding wall and was finally deposited outside the government reserva-tion, a third of a mile from where she was anchored before the storm broke. The wind at one time was 100 miles an hour, and for nearly two whole days maintained an average of 75 miles an hour. The house of the paymaster of the yard was destroyed. Three or four small vessels, tugs and coal lighters were carried up from the water front onto what is now dry land. The whole yard was covered with eight feet of water.

A dispatch from New Orleans says

the deaths of Lighthouse Keepers Neil Nelson and Andrew Hunson, and the washing of their lighthouse into the sea is reported by Lighthouse Inspector Sears. This makes six lives known to have been lost in the wrecking of the sound lighthouse alone. Mr. Sears also reported six beacon lights destroyed and Ship Island lighthouse ruined. Four-teen dead and as many more missing is the results of Thursday's hurricane in the vicinity of New Orleans, Twelve persons were drowned in Mississippi Sound, two were killed in interior towns of southern Mississippi, and more than a dozen fishermen are reported missing in the Delta region of the Mississippi river south of New Orleans.

Bardad, Fla., and vicinity suffered terribly in the hurricane. The tide rose 10 feet above ordinary high tide and the whole country was inundated. The lower floors of all the immense sawmills were from four to five feet under water. The water in the road between there and Milton is 10 feet deep in many places. The streets are blocked with fallen trees and debris, and all electric light and telephone wires are down. The damage at all the mills is heavy, and it will be many days before they can resume operations.

At the Bay Point and Robinson Point Mills, there and five miles from Bagdad respectively, the loss will be very heavy. The Robinson Point Mill was completely wrecked, besides the loss of lumber and logs will amount to thousands of dollars. At Bay Point the office and store are wrecked, and a lot of the goods floated away and were found on the beach at Bagdad.
A seco

second storm flooded Mobile yesterday and many fled in fear of another hurricane. There was great havoc by the heavy rainfall. Increased losses are reported, due to four-inch rainfall on hundreds of unroofed warehouses. The toppling structures were weakened by the deluge. Citizens were nervous over indi-cations of another blow and feared to go

At 10:30 o'clock last night a storm was according to the Mobile forecast, approaching from precisely the same direction as the hurricane of last week. The barometer, which had been steady all day, was beginning to fall, and a heavy drizzle which, when accompanied by a declining barometer, is said by veselmen to be invariably followed by a high wind, was falling.

True and tried friends of the family-De Witt's Little Early Risers. Best for results and best to take. Dependable little pills. They do not gripe or sicken. Sold by W. F Creighton & Co., 401 King street.

Charged with Having Five Wives. The President of the Mormon Church, Joseph F. Smith, was arrested and bound

over to the District Court in Salt Lake City yesterday on the charge of living unlawfully with five wives. The complaint was sworn to by a Mormon deputy sheriff, the warrant was served by order of a Mormon sheriff, and the committing

magistrate is also a Mormon. President Smith was arraigned imme diately after his arrest, and waived preliminary hearing. After being bound over, he was released on his own recognizance.

President Smith reached Salt Lake two days ago on his return from Europe. He there learned that an attempt had been made to secure his arrest for a statutory offense in connection with the birth of his forty-third child. The complaint was made from a distinctly anti-Mormon source.

The county attorney refused to ar prove a prosecution on this charge. The attorney was then cited to appear in court and show cause why he should not

be compelled to act in the matter.

After the hearing the court held that the attorney was justified in refusing to prosecute, because the complainant offered no evidence that the mother of the child was not the wife of President Smith.

Human Blood Marks.

Human Blood Marks.

A tale of horror was told by marks of human blood in the home of J. W. Williams, a well known merchant of Bac, Ky., He writes: "Twenty years ago I had severe hemorrhages of the lungs, and was near death when I begen taking Dr. King's New Discovery. It completely cured me and I have remained well ever since." It cures Hemmorhages, Chronic Coughs, Settled Colds and Bronchitis, and is the only known care for Weak Lungs. Every bottle guaranteed by E. S. Leadbeater & Sons, Druggistriboc and \$1.00, Trial bottle free.

Messessessessessesses

Methods which were inaugurated three years ago at the opening of our store have a peculiar individuality which it is hard for others to imitate. In the first place, the one-price system. Second, the lowest prices. Third, which it is hard for others to imitate. In the first place, the one-price system. Second, the lowest prices. Third, goods marked in plain figures. Fourth, if not satisfied with your purchase bring it back and get your money back. Fifth, nothing but honest, fresh goods. No job lots or auction goods. We want you to come in and know this store better. It will pay you.

New Coats, Suits, Skirts and Waists For Women, Misses and Children,

A visit here will impress you more than a page of argument. See our goods. Note how they are made. Examine the quality of the material, then glance at the price. Then we are doubly sure you will have been price. Then we are doubly sure you will buy here. Krinkledown, 50c. Have you seen it yet? It is the very newest thing in the Eiderdown world. Much prettier than any other kind; soft as snow, warm as toast, dainty as one could wish; charming colors.

Our ready-to-wear and trimmed hats are the prettiest, loveliest, handsomest you ever looked on. We beat all previous records all to pieces, and please note the price.

See how much we save you. Agents for Dr. Jaeger's Sanitary Woolen Underwear.

ROSENFELD'S, 518-20 King St., Alexandria, Va



For Men.

For Women. No More Darning.

n the market that look just as good as Holeproof before they are worn, but in mere looks do they resemble Holeproof. The wonderful durability and wearing qualities of our famous brand are not discovered by casual examination; you must year Holeproof Hosiery to know its real value; this is the only right test. If you buy hosiery on account of its good appearance then you should buy Holeproof because there is no finer looking hosiery made any where. We guarantee every pair to wear six months without holes. Its equal never known before,

Fled from Belgian Husband.

The experiences of an American wom an married to a Belgian have just come to light in Antwerp. The young wom-an married a man named Vanderbruggen in New York last July. The couple went to Belgium. On their arrival there the husband s ju tra' the wife in the country near Antwerp and, it is alleged, treated her with terrible cruelty, threatening to kill her if she did not make over all her property to him, which she refused to do. She managed to make her escape and appeal to the police, but they declined to help her, on the ground that she had no witnesses. She was compelled to seek refuge with a casual acquaintance, who concealed her from her husband. The latter ms ie every effort to find her without success.

A short time ago she was enabled to ecure passage on a steamer sailing for and with the aid of the steam-Boston, ship officials to secrete herself on board till the boat was out in the North Sea.

Mrs. Vanderbruggen will appeal to the American cour : in an effort to get relief and treedom. A similar case is said to exist in Antwerp, but the unfortunate wife, though anxious to escape from her husband's cruelty, is unwilling to leave on account of her children.

See Our Indian

Make your home attractive with the hand rork of the St. Regis Canadian Judians, Beautiful hand-made, highly colored bask- | Bell 'Phones 224. Capital City 'Phone 124. ets, made from tough birch wood. Some scented with sweet grass.

Waste Paper Baskets for 50c, 85c, \$1.00, \$1.25 and \$1.50. Clothes Baskets \$2.25, \$2.50, \$3.00

and \$3.50. See Our New Line of

Ornaments. Vases from 15c to \$5.00.

Statues from \$1.00 to \$2.50. Tankards \$2.50 to \$.500 Rerry Sets, In Satin Cases \$5.50 to \$6.50.

Chocolate Sets, 77 Satin Cases \$6.00 to Fern Dishes from \$1.50 to \$3.00. Salad Dishes from \$2.50 to \$3.00 Sugar and Cream sets, Figures, Jardiners,

nd fancy ornaments, latest creations of the Pick your Xmas Present now.

M. RUBEN & SONS. 601 KING STREET,

FOR SALE Several small pieces of beautiful land

ONE TO SIX ACRES EACH. lots 50x130 feet SINGLY OR IN

GROUPS, convenient to railroads and about one mile from Alexandria and five from Washington city. Terms to suit. R. F. KNOX. 115 south Royal street, Alexandria, Vs. jy12 tf

HEADLESS ROE HERRING, cleaned and packed on shore when caught; also Prices Roe Herring for sale by I C. WILRURN

Another invoice of the celebrated POTO MAC FLOUR just received by J. C. MILBURN:

PURE OLIVE OIL in quart cans and bottles; also by measure in quantities to suits For sale by

REAL ESTATE AND INSURANCE

If You Decide to Sell Your Property I Can Sell It.

A Reason Why I Get Results And Get Them Oulck

My Personal Attention

And the advantage of a thoroughlyequipped office. I am conveniently located, and my demand for houses is increasing daily.

NO CHARGE FOR LISTING.

Basket Display. | Room 3, Alexandria Nat'l Bank Bldg.,

N. E. Cor. King and Royal Streets,

HATS. UMBRELLAS.



All the

latest styles in Soft and Stiff Hats

had of HOWEL

THE POPULAR HATTER 412 KING STREET

STETSONS, \$3.50 to \$5. On and after October 2

we will supply our customers with CREAM PUFFS, CHOCOLATE ACLAIRS, CREAM ROLLS and other pastries.

L. Shuman & Son 516 KING STREET.

10th, 11th, F & G Sts. N.W. WASHINGTON, D. C.

New Taffeta

We have just received a new collection of Taffetta Silk Dresses; smart and stylish ef-fects, in splendid quality of silk, and we mention two very attractive styles:

Silk Dresses.

At \$18.50. Black, Blue, and Brown Taffeta Silk Dresses; surplice effect waist, with white lace front, deep fitted girdle and very full tucked At \$35.00.

Very Attractive Princess Tafleta Silk Presses, in light and dark shades, artistically trimmed with contrasting shade of silk and white lace; a very full fluffy skirt. 'Peter Thompson' Suits

for Young Ladies. The material used is better, and we believ the workmanship has been greatly improved made full regulation style; sizes 14 to 20. \$15.00, \$18.50, and \$25.000.

Also New Knit Pony Jackets.

We are showing these very convenient and comfortable garments in cardinal, cream white, and gray. These are especially de-sirable for early fall wear. Special Value, \$7.50 Each.

Women's New Fall Suits

The short models are very dressy and very profusely trimmed. The long styles are mostly in plain tailor-made effects.

An entirely new shape in a Norfolk Suit, a half-fitted effect, with new strapping and new belt, made of a very superior quality of \$30.00 each.

A new Breadcloth Suit, just received, has a velvet vest and a very full-plated skirt; jacket is lined with satin; black, blue and brown. \$25.00 each.

A new Tuxedo Suit, of very fine cheviot, and made with a new kilted skirt; an entirely new effect in the collar. \$30.00 each.

A new "3-4"-length Jacket Suit, a three-scambback, with broad strays, handsomely satin lined; new plaited skirt; black, blue, brown and gray. \$28.50 each. A new Broadcloth Suit, made with a fitted blouse, braid-trimmed: a panel-plated skirt; blouse is white silk lined and has a fancy braid vest; blue and black.

Third floor-G st. New Parisian Corsets.

Exclusive effects in coutils, plain and fancy; batiste, plain and embroidered; rich silks, beautiful satins, fancy broche, &c.

The Lily of France, \$7 to \$25.
The Sapphire, \$9.50 to \$15.
The Parame, \$5.50 to \$18. Third floor, Eleventh st.

Woodward & Lothrop

10th, 11th, F and G Sts., N. W WASHINGTON, D. C.

JEWELRY.

If so, you can hardly get along without spoons, knives and forks. The silver-plated are without a doubt the most economical in the end. They wear longer, look better and cost very little more than the ordinary kinds. We can even supply silver-plated knives with steel blades.

Your sideboard is hardly complete without a silver set. Silver cake and fruit haskets should also be placed there.

A candelabra with will brighten the table considerably. After the spread has been cleared off a silver fern dish should be placed on the table.

The necessary things in cut-glass are the decanter, it eberry bowl and the celery dish. In a great many homes the ice cream is served on cut glass plates.

On your dresser place a traveling alarm clock and a sterling silver or silver-plated toilet set, also a hat and clothes brush.

You will find plenty use of a number of small silve -plated trays. One has always so many triakets to take care of.

There should be a jewel case on the dresser, if only for appearance sake. Over night it is a good place to keep the watch and Z-K Gold Chain.

H.W. Wildt & Son JEWELERS.

106 NORTH ROYAL STREET

Diamond, strictly pure, the best paint you can buy. If you have not used this paint, ask others who have, then you will buy only Diamond.

Oils, Varnishes, Enamels and Brushes.

W. E. BAIN,

COR. KING AND ROYAL STREETS.

CHERRY COUGH CURE—A safe, plea-ant and effectual remedy for Coughs, Cold-and all affections of the throat and lunga. Contains no morphine or other injurious chemicals Price, Sc. For sale by E. S. LEADREATER & RONS.

Genuine ARABIAN MOCHA COFFEE Genuine PORTO BICO MOLASSES just seeived by J. C. MILBURN,

••••••••••••• JUDGE C. E. NICOL, President. WM. B. SMOOT, Vice President.

S. RUSSELL SMITH, Vice do. JOHN A, MARSHALL, Vice do. T. C. SMITH, Cashlers

Commercial Department. Savings Department. Safe Deposit Department.

We invite the young, the ladies, the workingmen, in fact all who desire to save some money to call and discuss with us the SAVINGS feature. However small your deposit may be act TODAY.

Alexandria National Bank,

CORNER OF KING AND ROYAL STREETS. ****************************

ESTABLISHED 1844 BY JAMES F. CARLIN. Carlin-Hulfish Company, (INC.,)

Hardware, Cutlery,

GUNS, LOADED SHELLS, BAR IRON, NAILS, WIRE Worth Hulfish, Pres. and Treas.

Jas. F. Carlin, 2nd Vice. Pres.
David N. Hulfish, Assistant Secretary.

DRY GOODS.

AND SPECIAL SALE.

You are cordially invited to attend our fall opening Monday beginning October 1st, and inspect our new fall stock. We are showing an immense line of the very best and most reliable merchandise from the best markets, and as our orders were placed far in advance this season we were able to buy at the old prices, which means a great saving to you now. Beginning Monday morning and until Friday evening during our Fall Opening we offer the following special bargains:

New Dress Goods.

New Dress Trimmings.

The New Fall Dress "rimmings are very beautiful. We are showing many new and attractive pieces, from 5c to \$1 the yard. During our opening a special discount of ten per cent, will be allowed on all dress trim-

Children's Coats. We are showing a big line of Children's New Fall Coats from \$2.25 to \$10. A special discount of ten per cent, during opening week. Ladies' Coats.

All the New Fall and Whiter Coast of Ladies are now ready in our closk department on the second floor. The variety is greater than ever and the styles are the best, as we buy from reliable makers who employ the best designers and experienced tailors, so we can assure you the most stylish garments with a guarantee of the best workmanship. A special discount of ten per cent, will be allowed on all coats during opening week.

Prices Bange From \$4.50 to \$25.00.

Outing Flannel.

We offer another case of 8c Light Outing Flannel at.... Single Blankets. We will sell during opening week on Single Grey Blankets, each.....

Black Underskirts. During opening week we offer 3 dozen Ladies' \$1.25 Black Sateen Underskirts New Fancy Silks.

We will sell during opening week all the regular 75 c Fancy Silks, yard... China Matting. 20 rolls good China Matting, the regu-lar 25c kind, opening price..... Sale of Lace Curtains.

During our opening week we will sell the following Lace Curtains at reuced prices.
\$1.25 Lace Curtains pair ...
\$1.75 Lace Curtain, pair ...
\$2.50 Lace Curtains, pair...
\$5.00 Lace Curtains, pair...
\$6.50 Lace Curtains, pair...

Table Oilcloth. 25 pieces 15 and 18c Fancy Table Oil-cloths 1‡ yards wide, opening price, per

Long Black Silk Gloves. During our fall opening week we will sell 5 dozen pairs ladies' long black 16 button silk gloves, opening

SWAN BROS., 424-426 King Street.

General Insurance Agency LAURENCE STABLER. Room No. 4, Burke & Herbert Bldg The companies represented in this office nave e-sets of over \$100,000,000. Among

others are : Hartford Fire Insurance Co. Liverpool & London & Globe. Ætna Insurance Co. Northern Assurance Co. Springfield Fire & Marine.

Prompt attention given to adjustment of osses and all matters connected with insur-

CHOICE LEMONS just received by J. C. MILBURN.



That's why the number of the depositors of this corporation increase—we are successful not only in the handling of banking business, but also in our methods of investment. The officers and directors of this corporation are men of known business ability—they are mentally alert and active, and the fact that this corporation has a wide-spread reputation for conservatism and strength is owing largely to the business standing of the men who direct its affairs. Every progressive idea consistent with solid banking methods is largely adopted by this institution. We pay 3 PER CENT. INTEREST on deposits in our Savings Department and would like 1) have you open an account with us, however small the amount, ONE DOI LAR, for instance, will start you. We act as Executor. Administrator, Trustee and in all other fidneisry capacities—Issue Fidelity, Contract, Official and Judicial Bonds and have Safe Deposit Bozes for rent at reasonable rates. General Banking Business trunsacted. We pay interest on time deposits and solicit the accounts of Banks, Corporations, Firms and Individuals Calito see us.

All the New Fall and Winter Coats for Virginia Safe Deposit and Trust Corporation, Capital Paid In, \$280,000. Authorized Capital. \$1,000,000.

GROCERIES.

CATA CATATATA TATATATA TATATA THAT TASTES LIKE

APPLES.

For ten years we have been selling our famous Apple Cider Vinegar. You will certainly need some and none other comes up to ours. Pure Country Vinegar has never been improved upon. This is the kind your great-grand-mother used to make. Don't cost any more than the in-ferior kind, either—just 25c

Yates' Spices are not only absolutely pure, but also possess an aromatic fragrance found in no other. Put up in 5c and 10c cartons. All kinds-ground or whole.

R. Yates & Co., Groceries and Provisions,

No. 300 South Fairfax Street TELEPHONE NO. 195.

New and Second Hand

FOR THE PUBLIC AND PRIVATE SCHOOLS AT

R. L. Carne & Co.'s 703 KING STREET. A Large Line of SCHOOL SUPPLIES Just Received.

All Books Covered.